

THE STATE OF

BURNOUT

2020

Presented by **blind**

61%

**OF WORKING
PROFESSIONALS
ARE BURNED OUT**

*Blind received survey responses from a total of 3,921 users

blind

TOP REASONS FOR BURNOUT:

25.3% Unmanageable workload

15.7% Insufficient rewards

15% Lack of control over work

13.4% Lack of support from manager

12.2% Burnout is not a problem here

10.2% Unfair treatment

8.3% Other

BURNOUT INDICATOR



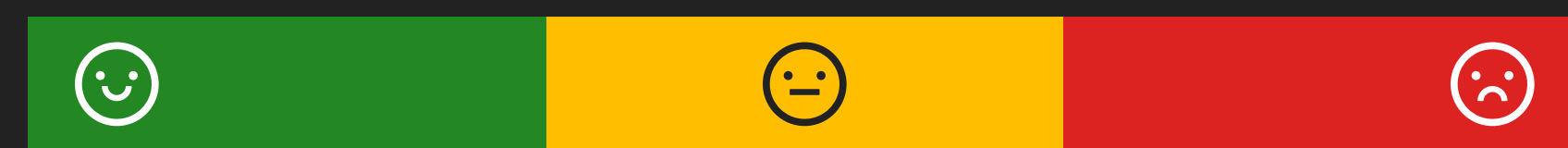
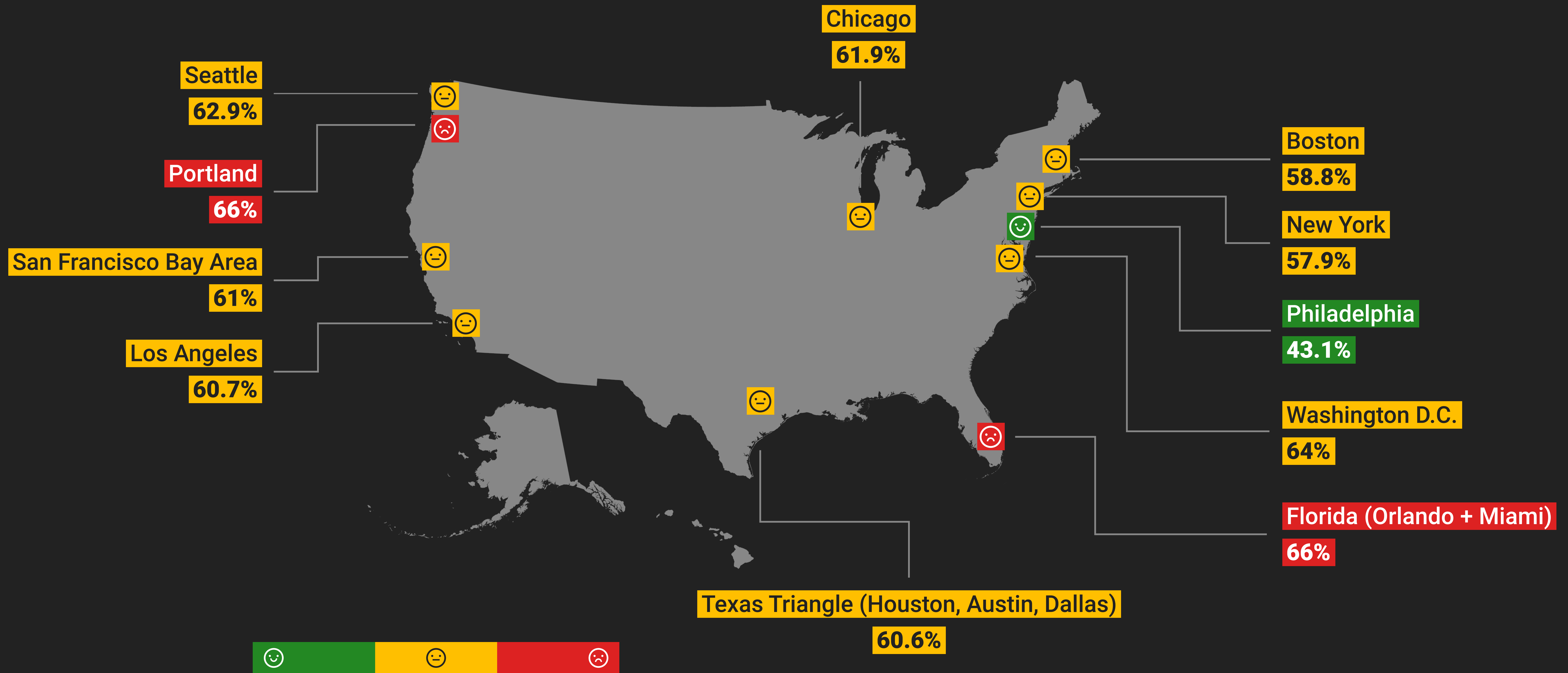
Low

Medium

High

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Regional Breakdown of Burnout



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30-45.5%

46-64.5%

65-80%

Burnout Rate: Finance vs. Tech Companies

58.6%

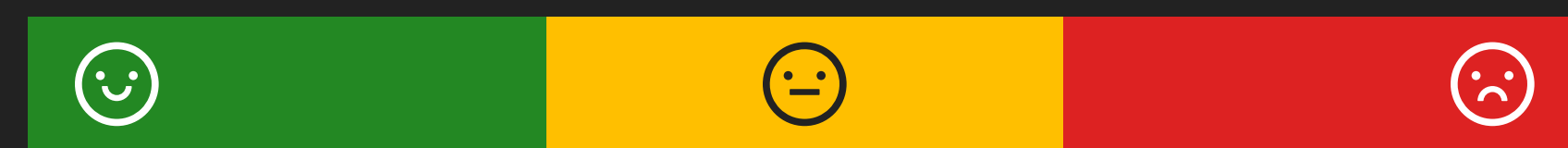


Finance

61.7%



Tech

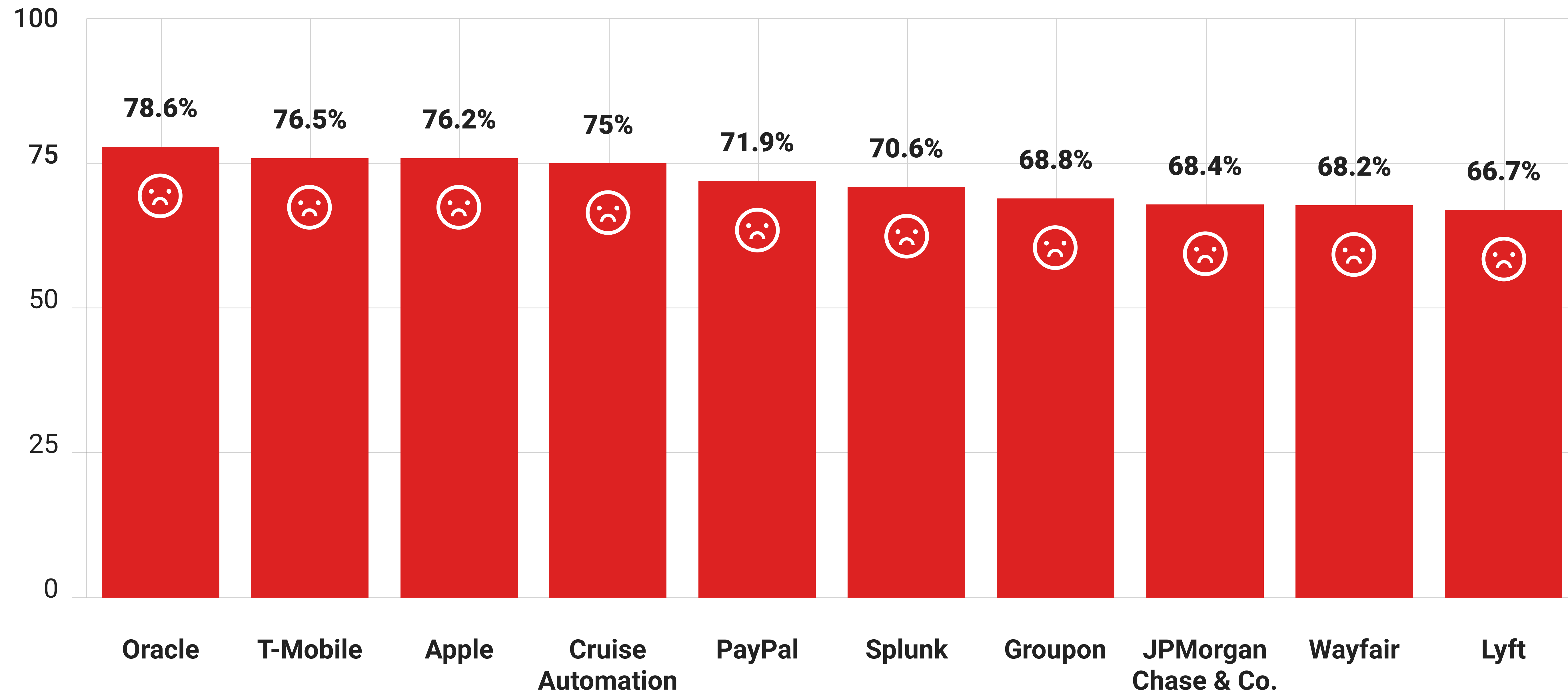


30-45.5%

46-64.5%

65-80%

The 10 Most Burned Out Companies

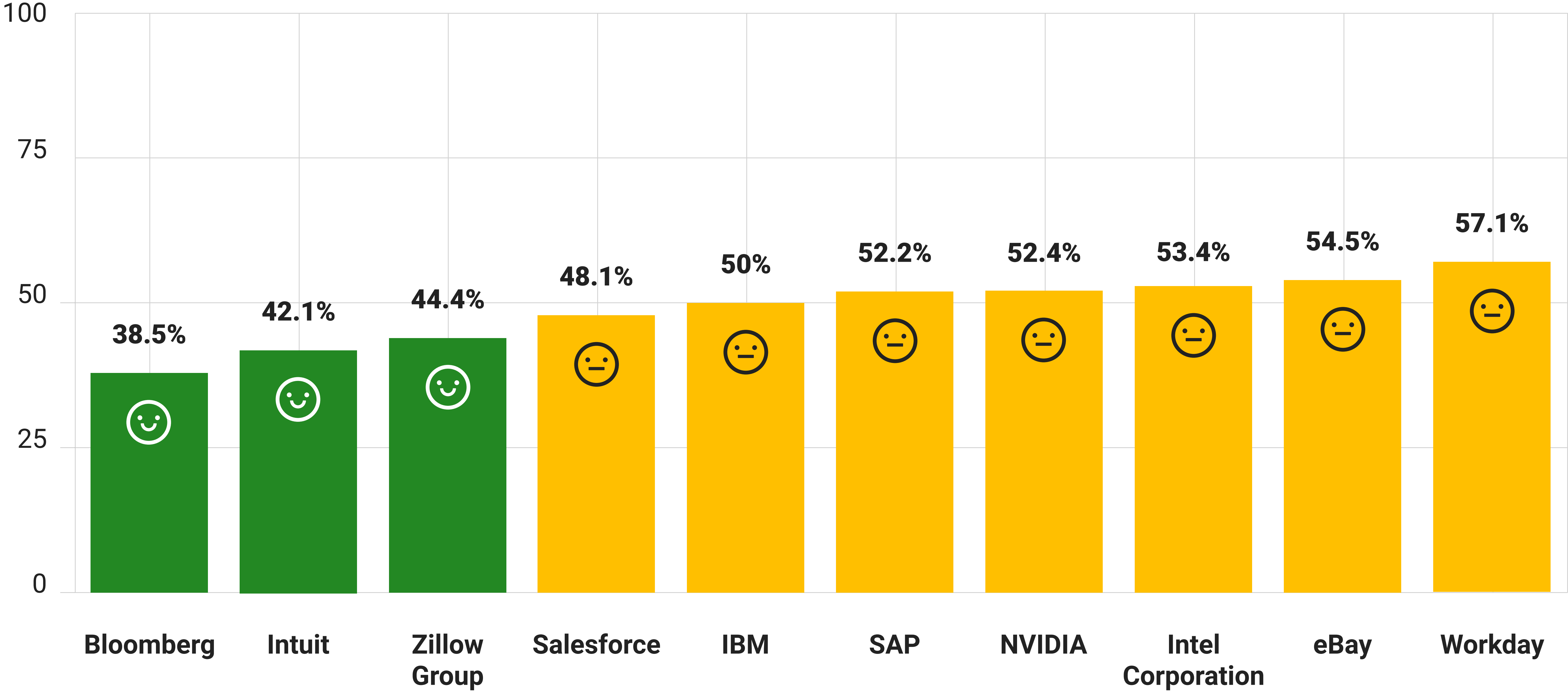


30-45.5%

46-64.5%

65-80%

The 10 Least Burned Out Companies

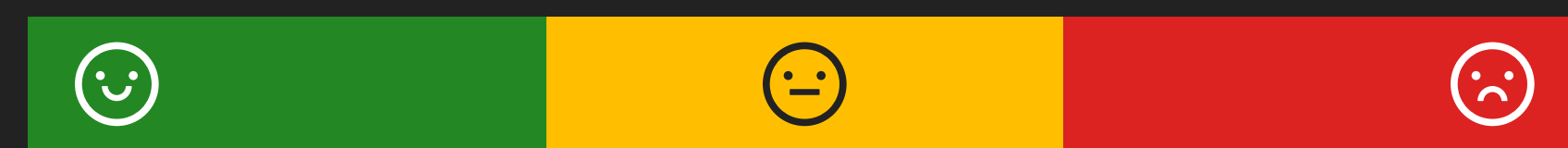


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Job Function Breakdown of Burnout



30-45.5%

46-64.5%

65-80%

SOURCE

teamblind.com

For more information, please contact: press@teamblind.com

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