# THE EVOLUTION OF THE BURNOUT

COVID-19 Edition

2020

Presented by blind

# 7396

# OF WORKING PROFESSIONALS ARE BURNED OUT

As compared to 61% of working professionals in mid February \*Blind received survey responses from a total of **6,789** users



#### TOP REASONS FOR BURNOUT:

February 2020

25.3% Unmanageable workload

15.7% Insufficient rewards

15% Lack of control over work

13.4% Lack of support from manager

12.2% Burnout is not a problem here

10.2% Unfair treatment

8.3% Other



#### TOP REASONS FOR BURNOUT:

During COVID-19

26.7% No separation between "work" and "life"

20.5% Unmanageable workload

18.8% Job security concerns

10.8% Lack of control over work

11.1% Lack of support from manager

12.1% Other



#### BURNOUT INDICATOR



LOW

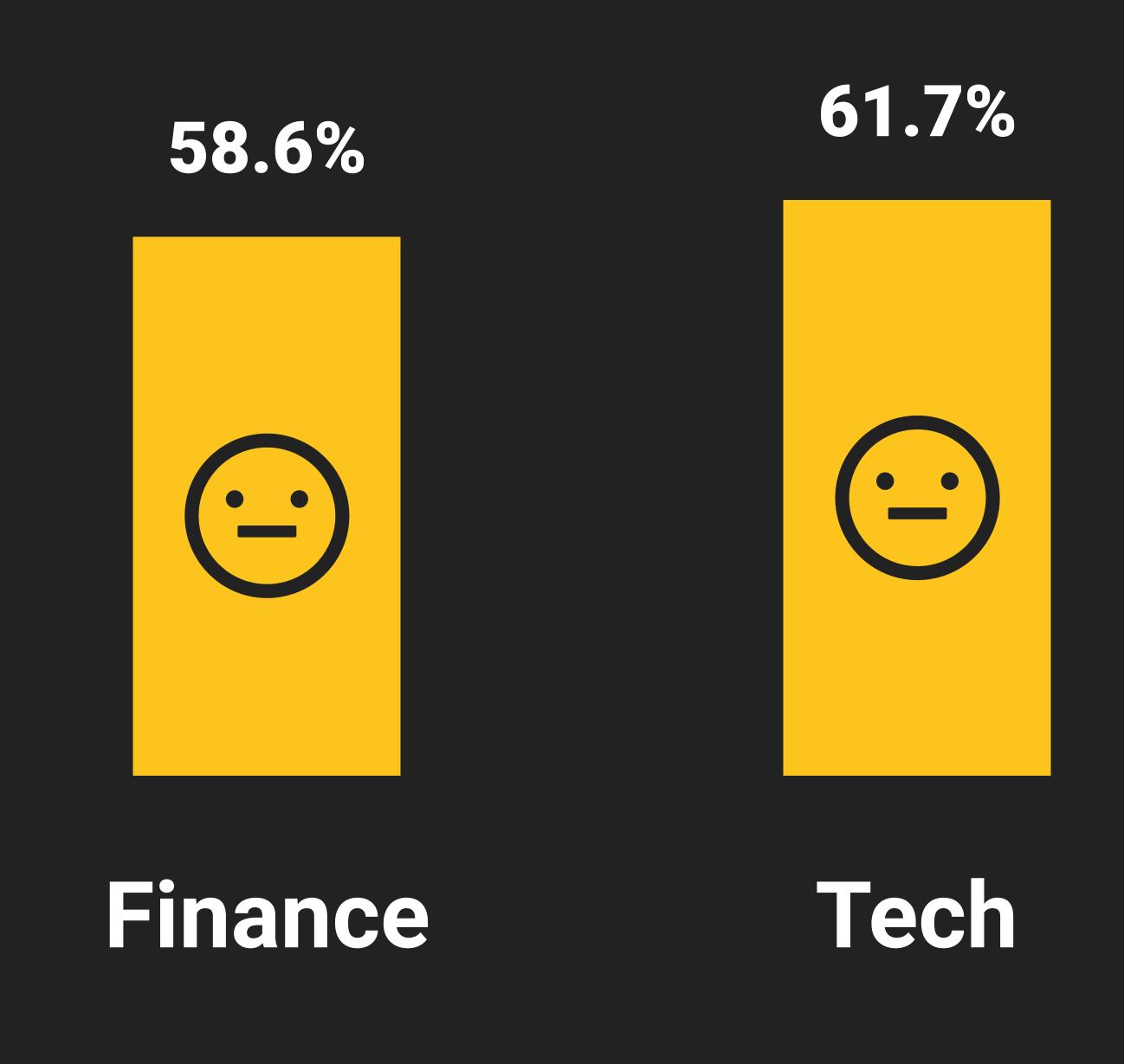
Medium

High

blind

#### Burnout Rate:

Finance vs. Tech Companies in February 2020

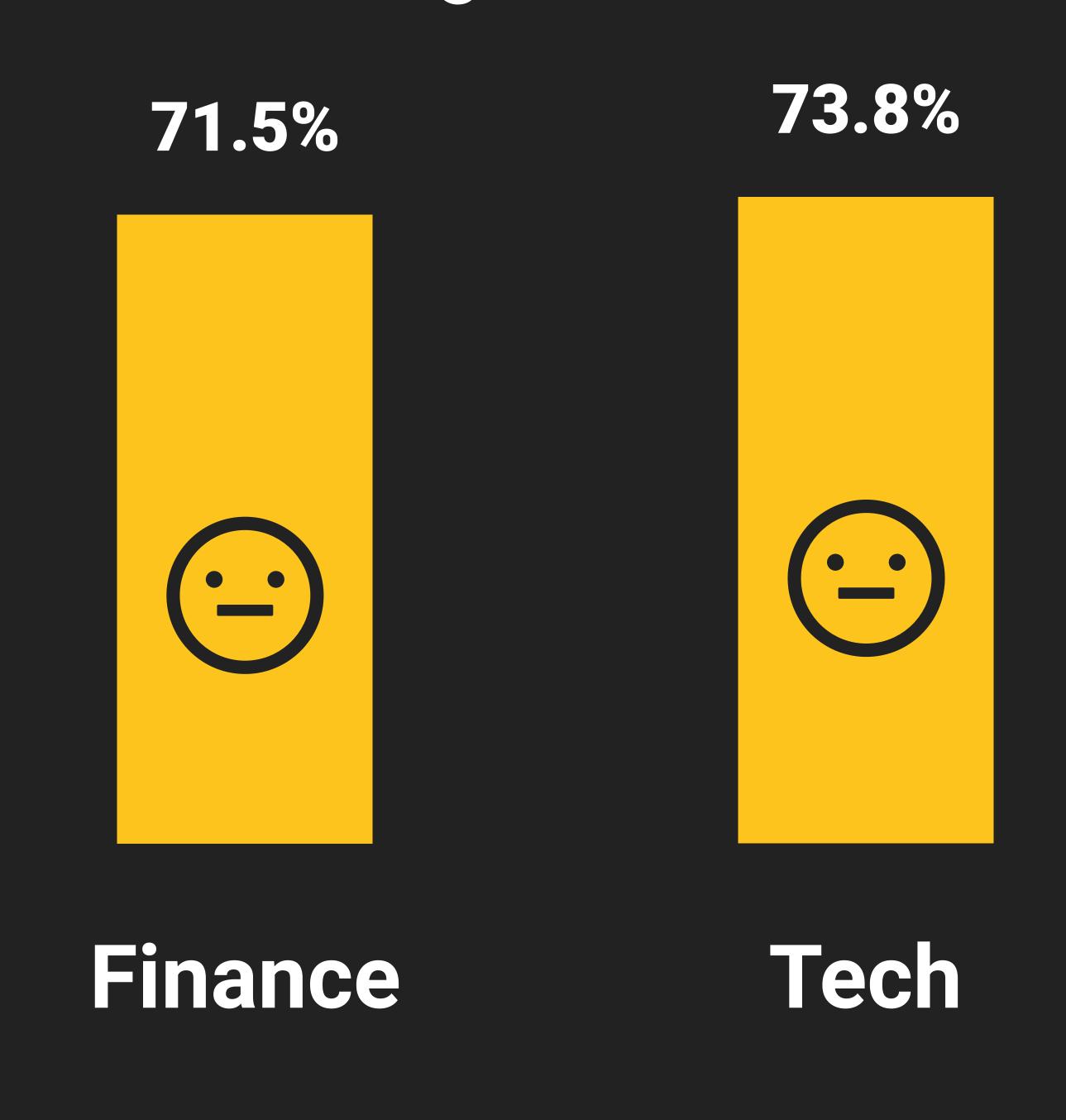






#### Burnout Rate:

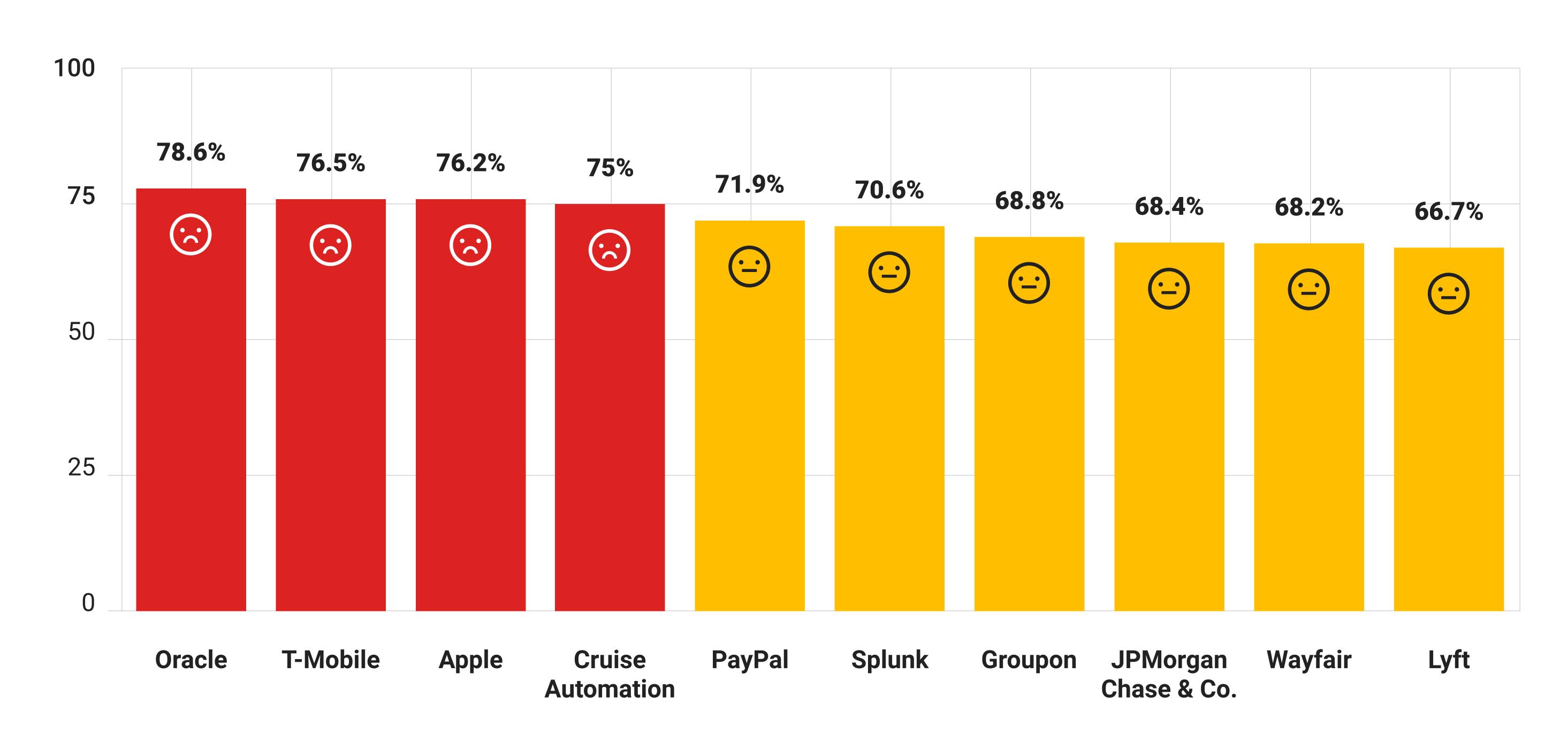
Finance vs. Tech Companies during COVID-19







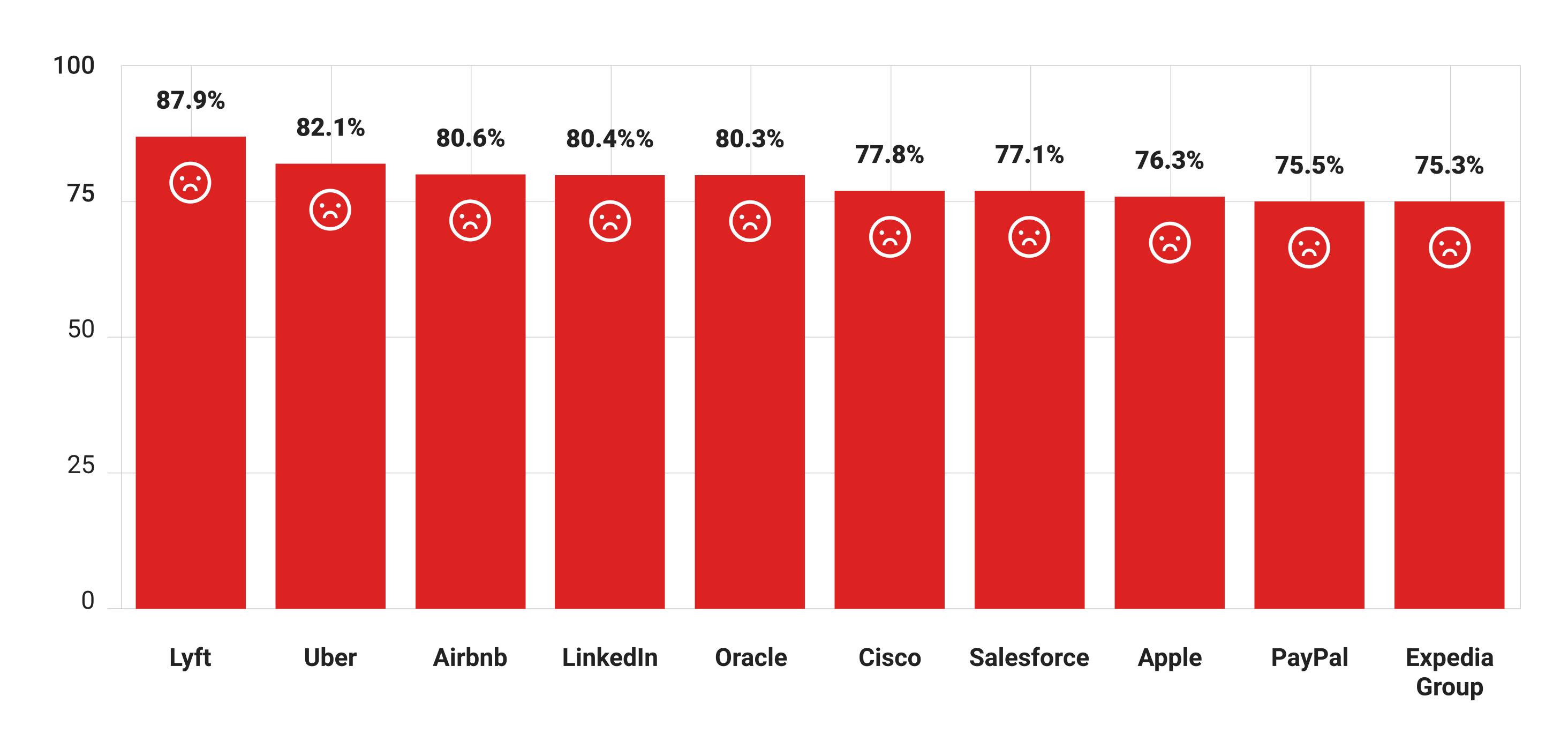
### The 10 Most Burned Out Companies in February 2020



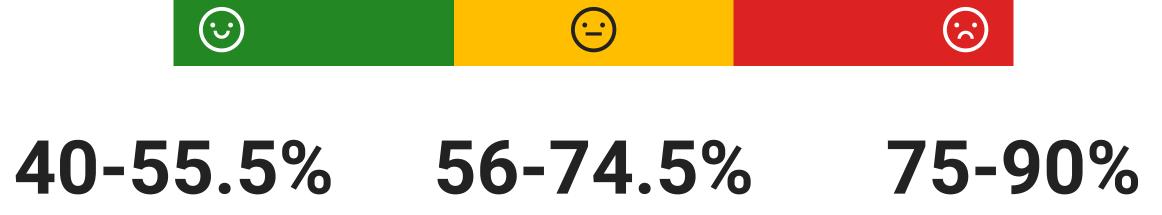




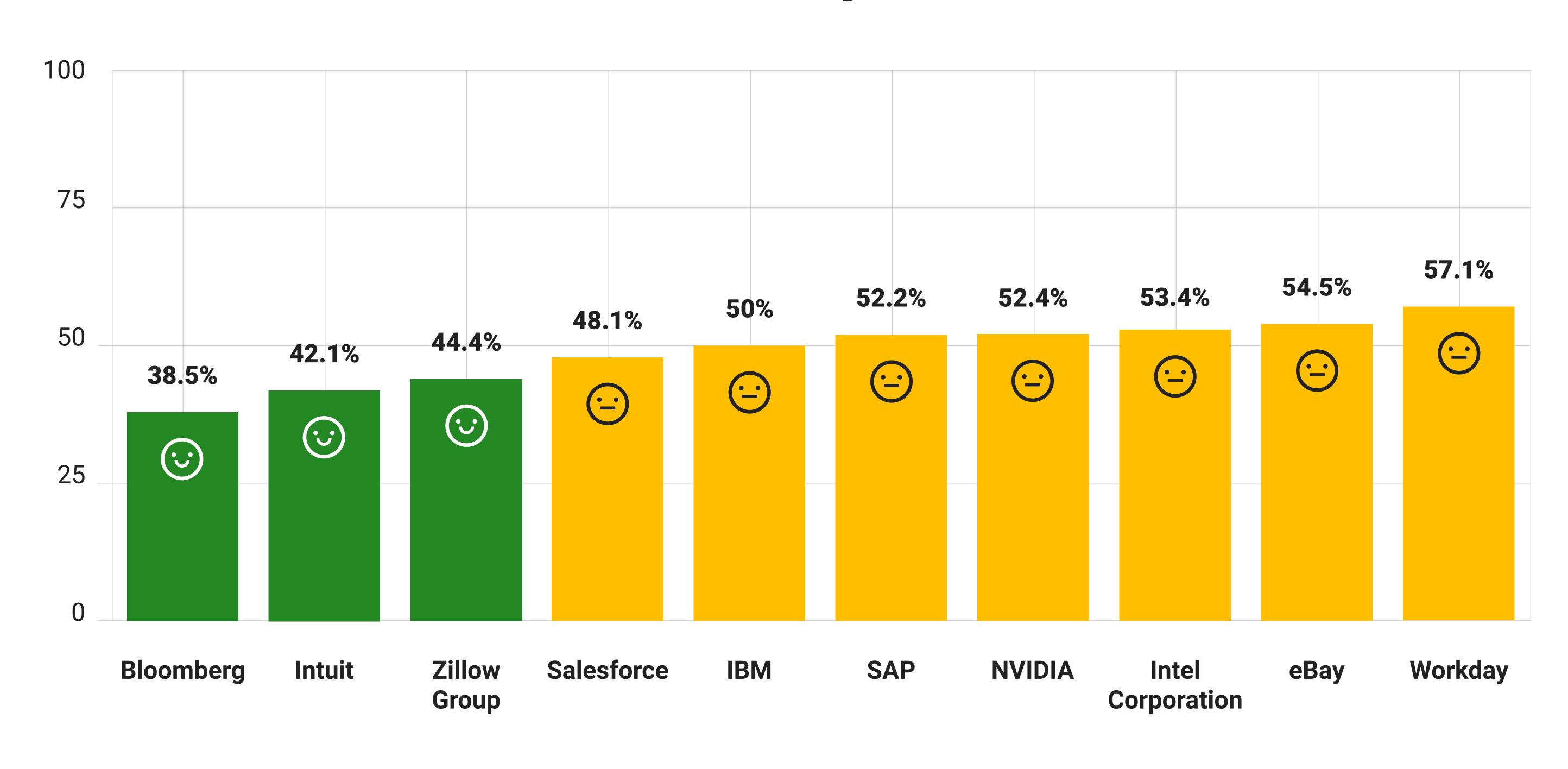
## The 10 Most Burned Out Companies during COVID-19







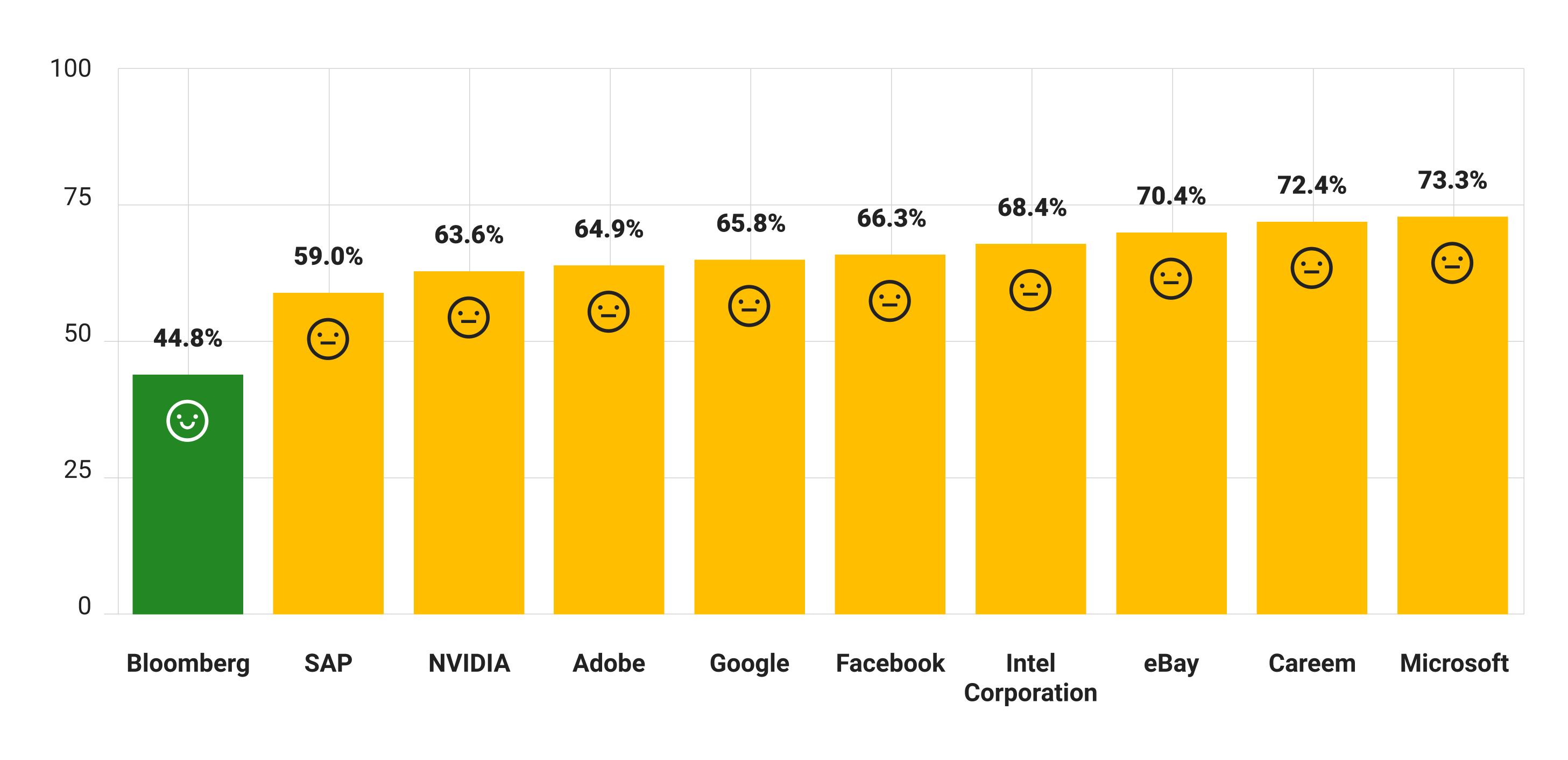
## The 10 Least Burned Out Companies in February 2020







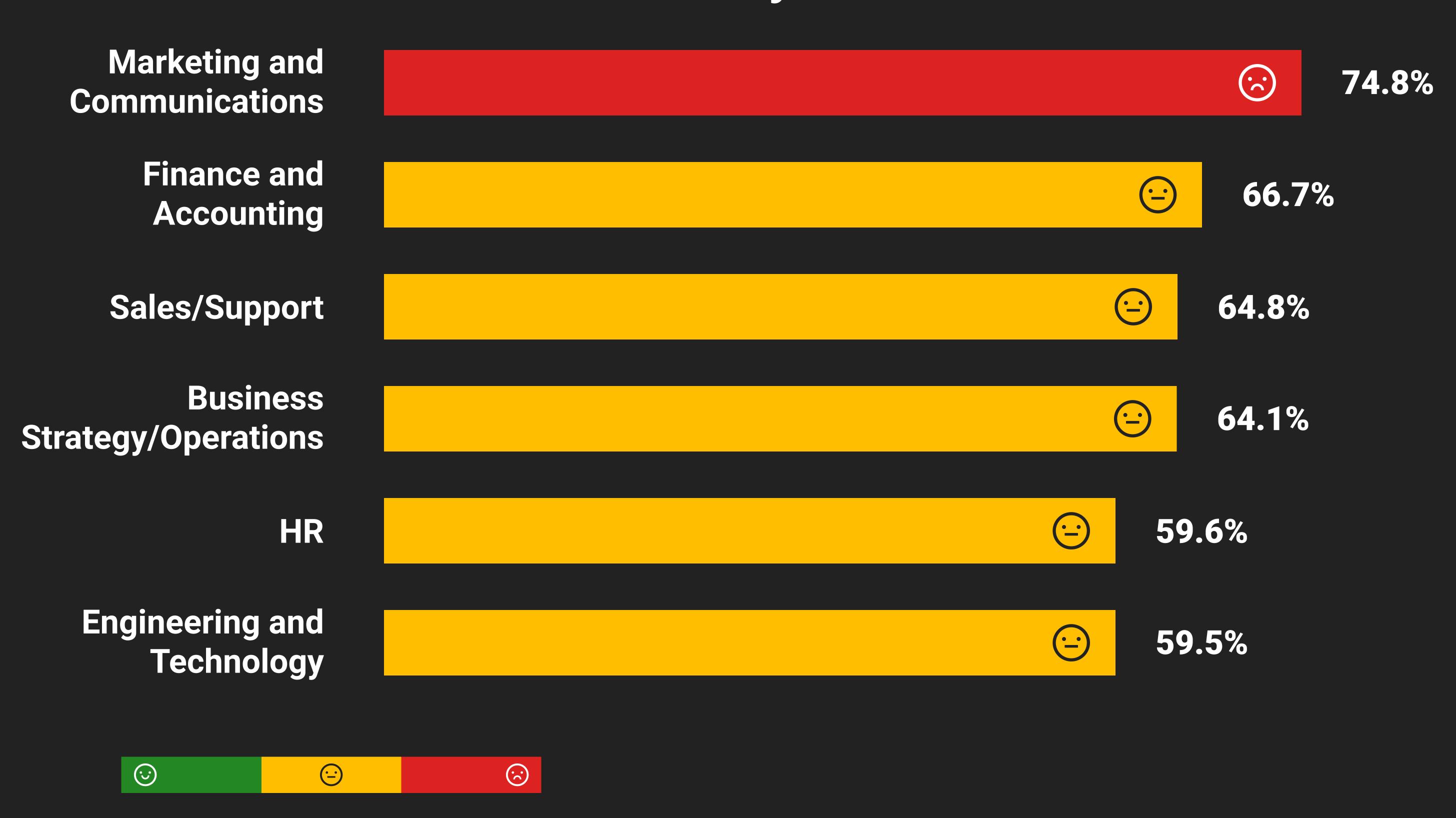
## The 10 Least Burned Out Companies during COVID-19





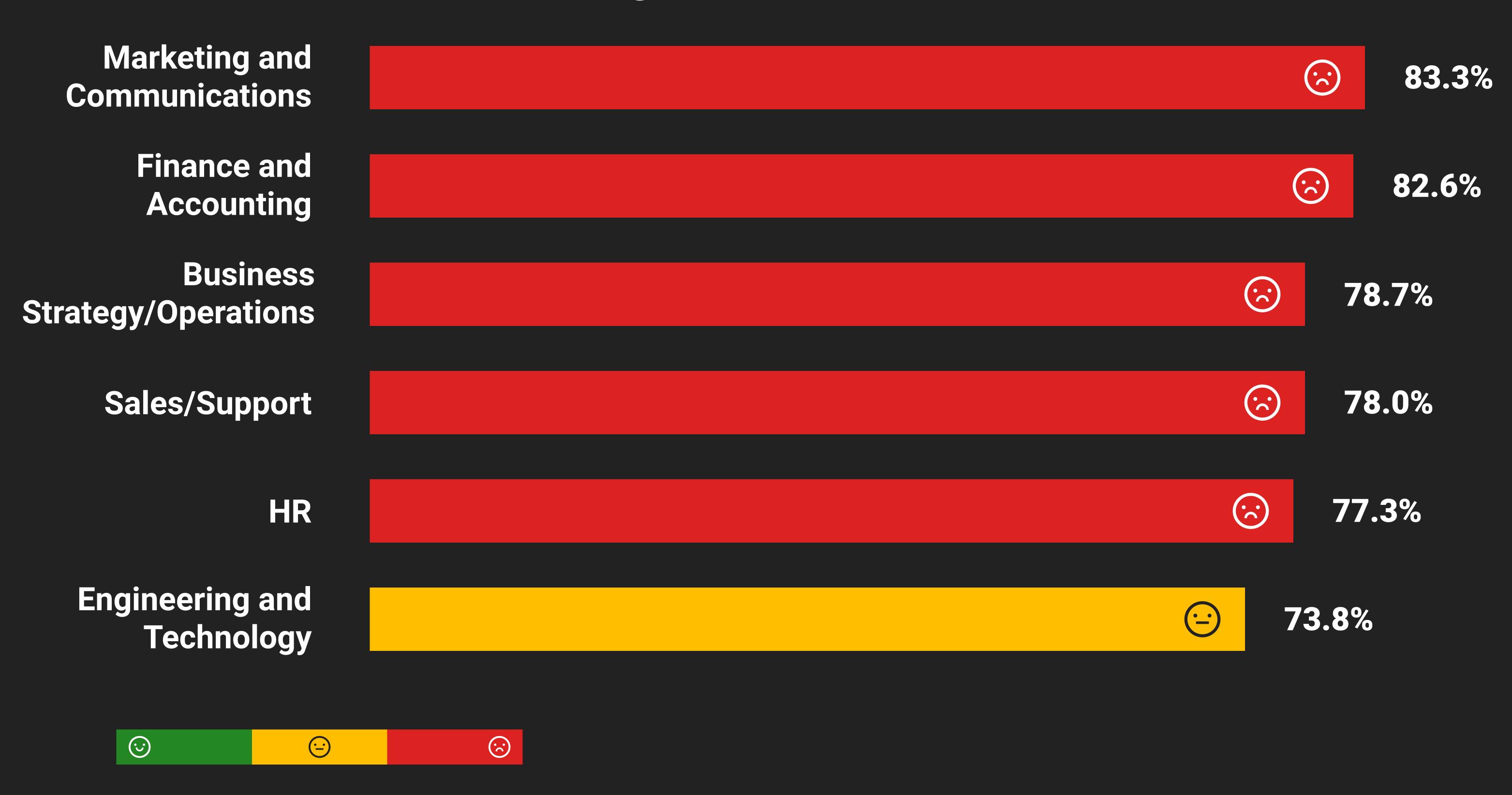


#### Job Function Breakdown of Burnout in February 2020





#### Job Function Breakdown of Burnout during COVID-19





40-55.5% 56-74.5% 75-90%

# SOURCE teamblind.com

For more information, please contact: press@teamblind.com

