

# Frequency of the Burnout

Blind Pulse

2020

Presented by **blind**

**36%**

**of professionals feel  
burnt out daily.**

**\*Blind received survey responses from a total of 3,500 users**

**blind**

# FREQUENCY OF BURNOUT:

**July 2020**

**36% Daily**

**32% Weekly**

**14% Monthly**

**13% Every few months**

**5% Never**

**blind**

# BURNOUT INDICATOR



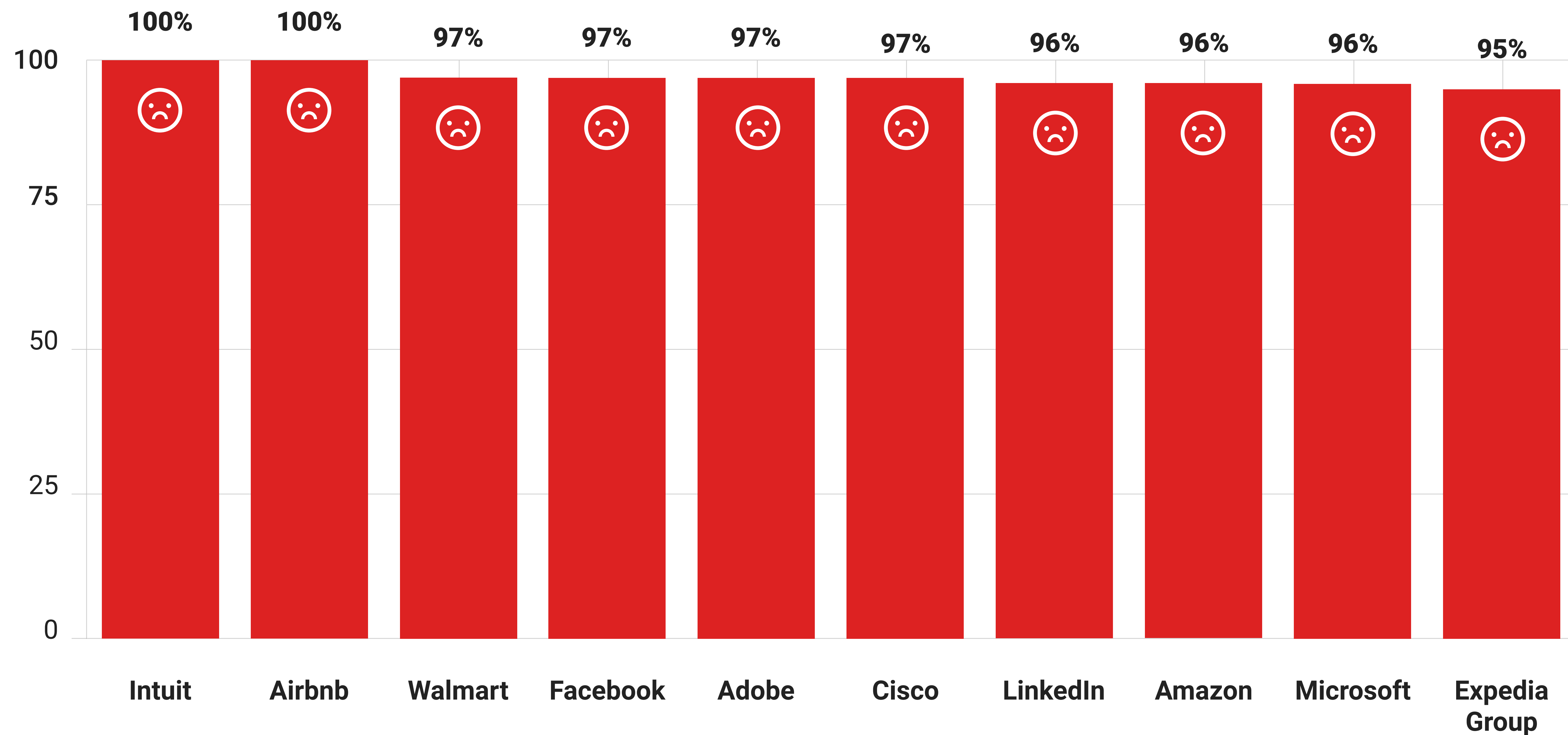
**Low**

**Medium**

**High**

**blind**

# Most Burnt Out Overall



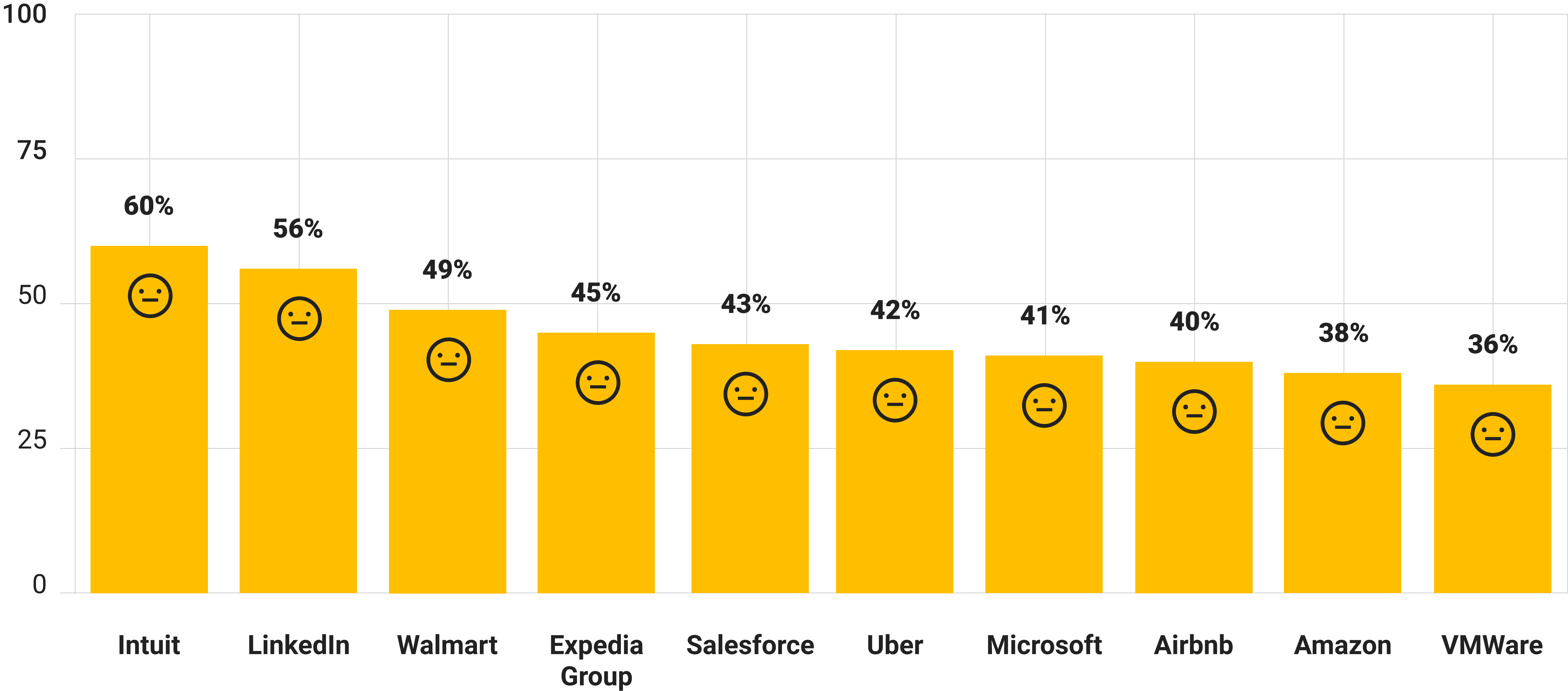
**blind**

0-33.3%

33.4-66.7%

66.8-100%

# Most Burnt Out Daily



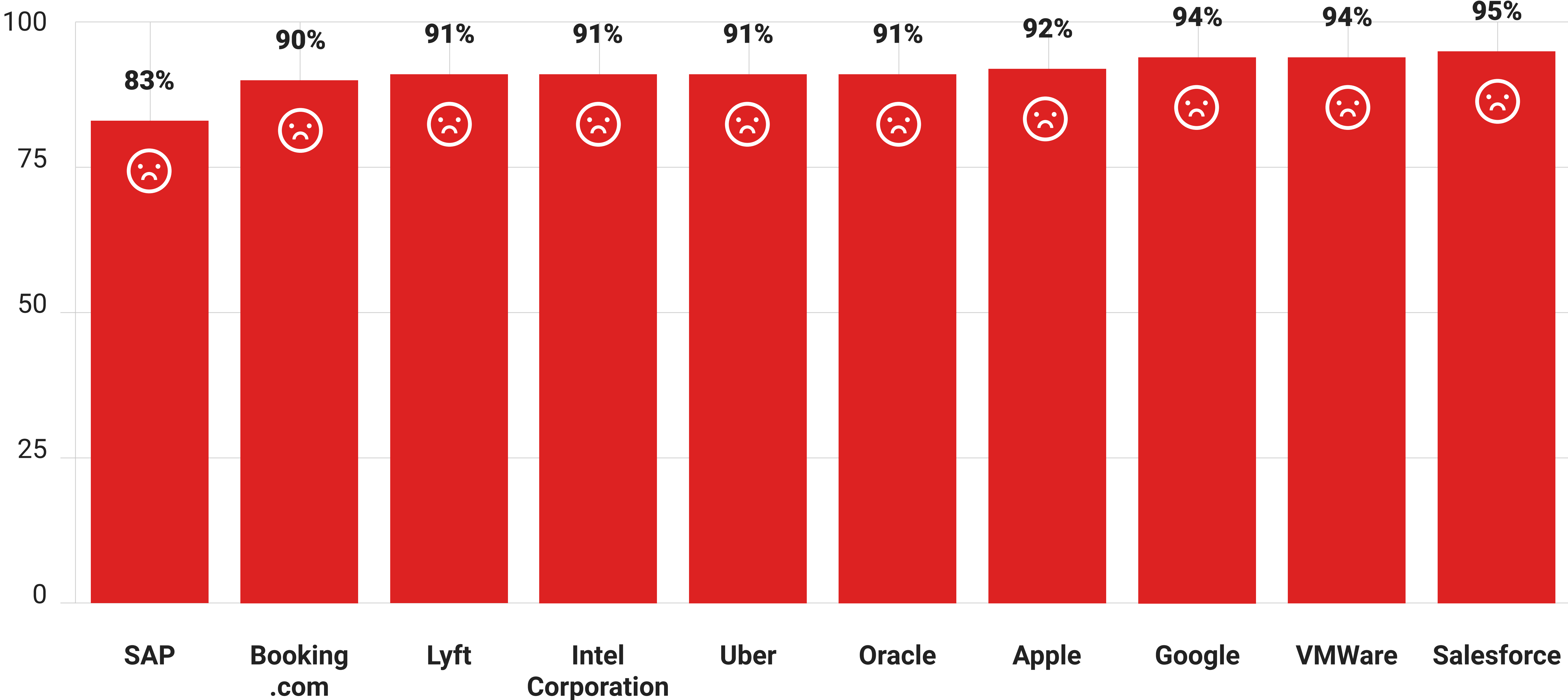
**blind**

0-33.3%

33.4-66.7%

66.8-100%

# Least Burnt Out Overall



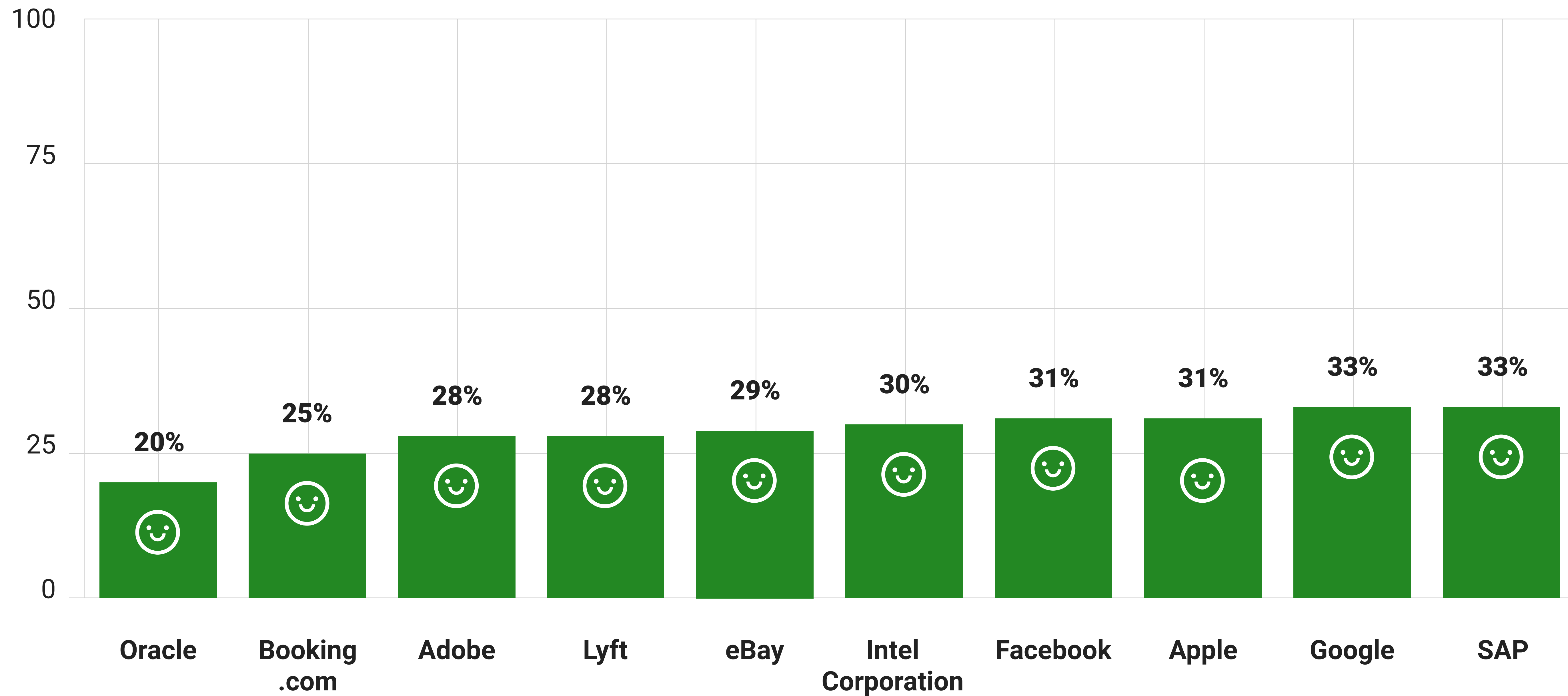
**blind**

0-33.3%

33.4-66.7%

66.8-100%

# Least Burnt Out Daily



**blind**

0-33.3%

33.4-66.7%

66.8-100%



# SOURCE

**teamblind.com**

For more information, please contact: [press@teamblind.com](mailto:press@teamblind.com)

**blind**